

■ Project updates & viewpoints

Video-based support service for carers 12

Caring for a family member with dementia can be rewarding but can also be very stressful. John Chatwin, Rachel Yates Hoyles and Phil McEvoy explain how a new service, offering video-based contact with support workers over the internet, is helping carers in Salford

Rights, risk and the law: positive risk-taking or safeguarding concern? 14

Lynne Phair considers risk assessments, in the second of two articles on dementia care and the law, arguing that professionals should take the Human Rights Act as their starting point when they balance safety and risk

Supporting family carers: international perspective 16

Dutch academic Marleen Prins spent last spring on a fellowship with the Association for Dementia Studies. Here, she gives an international perspective on strengthening psychosocial support for family carers

Delayed discharges: what factors are contributing? 18

How can hospitals prevent unnecessarily long patient stays? As part of our hospital series, Laura Cook reports on findings from the London Dementia Clinical Network, which completed deep dive reviews into delayed discharges

■ Features

Moving into a care home – how is the decision made? 20

When is the right time to move to a care home? Is there a right time at all? In their study Laura Cole, Kritika Samsi and Jill Manthorpe interviewed care home managers, who said that factors other than dementia severity counted most

Using touchscreen tablets with people with dementia 22

Touchscreen tablets like iPads can provide enjoyable and beneficial activities for people with dementia, but how can access to this technology be widened? Erica Dove and colleagues, who conducted a three-year project to find out, share their results

Successful psycho social intervention for carers 24

Distress among family carers can become unmanageable if they are unable to cope with behaviours that arise from stress and distress in the person with dementia they care for, but a community-based psychosocial intervention for carers has led to much lower levels of caregiver distress, as Juliette Nell, Susan Brown and Vicky Ladu report

Impact of intergenerational football reminiscence 28

Reminiscence therapy can take various forms, raising the question of how it can be used to best effect. Laura Gibbons and colleagues designed a comparative study looking at the impact of intergenerational football reminiscence

Watching our garden grow: a creative arts project 32

The arts are flourishing at the Royal United Hospital in Bath, where patients bring their various skills to creating beautiful objects. Jessica Brown from Art at the Heart describes how a garden grew on one dementia-friendly ward



Regulars

■ Comment by Mark Ivory	5
■ News	6
■ JDC Asks	10
■ Dementia Diaries	11
■ Perspectives by Helen Walker	13
■ Research reports	35
■ Books	37
■ Resources	38
■ Events	39

Cover photos: Grateful thanks to residents and staff of Milford Care (see article on pp14-15)